

Forest School can be used as a back drop for curriculum based learning and experiences. Forest School also has many wonderful benefits: collaboration, resilience, equality, compassion, creativity and innovation and exploration. The environment itself offers the children to develop many skills as well as offering up challenge: walking on uneven terrain, tree-climbing, pond dipping, negotiating space (around nettles/ brambles), balancing on logs, tree swings, camp fire and cooking and using different tools.

	Winter	Spring	Summer
Nursery	Nature through stories	New Life	Features of Creatures
Reception	Hibernation	Homes and Shelters	Temporary Art
Year 1	Senses	Weather	Growth
Year 2	Fire and firework safety	Trees	Environmental comparisons
Year 3	Light and Shadows	Road Safety (The Hogdeheg)	Life Cycles
Year 4	Locations	Water Cycle	Living things and habitats
Year 5	Storytelling	Life Cycles	Orienteering
Year 6	Art – Andy Goldsworthy	ICT – stop frame animation	Focus on a text/topic e.g Harry Potter, Forbidden Forest, WW1,

What does a session look like? (EY and KS1)

Getting ready – the children are encouraged to get themselves ready: waterproofs, boots, sun cream, hats if necessary

Packing up resources – the children will help to gather any resources which they may need

Discuss safety – Talk about any safety guidelines needed on approaching the forest school area

Safety Circle – talk about how to stay safe in the forest school area

Boundaries and Practice – 1,2,3 come to me!

A challenge – small, achievable task. This can be linked to children's individual learning, the revised EYFS or to general Curriculum areas.

Drink and Snack

Walk back to school

Reflection time – thoughts on what we'd like to do next time

Suggested Resources /adaptations to support the curriculum

Bird Hyde – enable stillness/ mindfulness and to foster a bird-rich environment from which to study visiting species

Weather Station – Teach KS2 meteorology sessions, enable them to collect rainfall/temperature data to be used in science, maths and ICT

Den Building – materials that enable collaborative problem solving, risk taking, social skills, language and communication, design skills, trial and error and teamwork.

Basic Resources Kit – tarps, twine, pegs, gardening gloves, peelers, hammers, wood rasps (woodworks tools)

Natural Resources – logs and branches