

Skelton Primary School

E-safety Update

Thursday 7th April 2022

E-safety learning

This half term our e-safety learning has been based on 'healthy me'. We have been focussing on how to make healthy choices online, how to express how we are feeling if we are feeling anxious and what to do if we are feeling this way.



TikTok Top Tips

TikTok is intended for users aged 13 years and over.

Limit the content that can be seen ('Account' 'enable restricted mode')

Set the account to private. By default, new accounts are public.



Top tips for parents

Talking to your child about social media:

<https://www.youngminds.org.uk/parent/a-z-guide/social-media/>



Useful websites

Screen time—a Healthy balance
<https://www.childnet.com/help-and-advice/screen-time-boundaries-parents/>

Parental Controls

<https://www.childnet.com/help-and-advice/parental-controls/>

Apps appropriate for your child

<https://www.childnet.com/help-and-advice/apps-parents/>

Online safety stories

You can watch these stories with your child to start conversations about online safety.

4–7 Years—<https://www.thinkuknow.co.uk/parents/jessie-and-friends/>

8–10 Years—<https://www.thinkuknow.co.uk/parents/playlikeshare/>

